

Our Lady of Perpetual Succour

Catholic Parish Toukley/Lake Munmorah

St Mary's Church 458 Main Rd Norville

St Brendan's Mass Centre 29 Carters Rd Lake Munmorah



Vision

To be A Vibrant Eucharistic Community

Pastoral Team

Administrator

Fr. Tomy Kuruvelil Ouseph CFIC

Phone: 0408 632 015

Email: tomycfic@yahoo.co.in

Assistant Priest

Fr. Baby Thomas CFIC

Phone: 0400 568 491

Email: baby.thomas@bbcatholic.org.au

Augustinian Sisters of Our Lady of Consolation - Convent

11 Pandora Pde Norville 4396 9128

Sr. Josefa Mabini OSA

Sr. Jennifer Canillas OSA

Parish Office Hours

9am to 2pm Mon To Fri

Ph 4396 4455

458 Main Rd Norville NSW 2263

Mail PO Box 1 Toukley NSW 2263

Email toukleyparish@bbcatholic.org.au

Website www.bbcatholic.org.au/toukley

Facebook: Toukley-Lake Munmorah Parish

Parish Secretary: Mrs Sarah-Jane Rosen

Office Assistant: Mrs Lorrie O'Brien

Catechist Coordinator

Sr. Josefa Mabini

PH: 0402480933

Sacramental Coordinators

Sr. Jennifer Canillas

PH: 0435 788 759

Cath Cefai

PH: 0418 836 512

Sunday Parish Bus Service

Mrs Joan Haslam

4392 6892

Parish Schools

St Mary's

Principal Ms Emma Sellars

4396 5100

St Brendan's

Principal Ms Charlene Reid

4358 1501

St Brigid's College

Principal Mr Adam Murdoch

4358 4278

NINETEENTH SUNDAY IN ORDINARY TIME

13th August, 2023



THE SACRAMENT OF PENANCE AND RECONCILIATION

"Those who approach the sacrament of Penance obtain pardon from God's mercy for the offense committed against him or her, and are, at the same time, reconciled with the Church.

WHAT IS THIS SACRAMENT CALLED: It is called the *sacrament of conversion* because it makes sacramentally present Jesus' call to conversion, the first step in returning to the Father from whom one has strayed by sin. It is called the *sacrament of Penance*, since it consecrates the Christian sinner's personal and ecclesial steps of conversion, penance, and satisfaction. It is called the *sacrament of confession*, since the disclosure or confession of sins to a priest is an essential element of this sacrament. It is called the *sacrament of forgiveness*, since by the priest's sacramental absolution God grants the penitent "pardon and peace. It is called the *sacrament of Reconciliation*, because it imparts to the sinner the love of God who reconciles.

WHY A SACRAMENT OF RECONCILIATION AFTER BAPTISM? The Lord himself taught us to pray: "Forgive us our trespasses," linking our forgiveness of one another's offenses to the forgiveness of our sins that God will grant us. Conversion is first of all a work of the grace of God who makes our hearts return to him: God gives us the strength to begin anew. It is in discovering the greatness of God's love we enter into conversion.

Only God forgives sin: Only God forgives sins. Since Jesus is the Son of God, he says of himself, "The Son of man has authority on earth to forgive sins" and exercises this divine power. Christ has willed that in her prayer and life and action his whole Church should be the sign and instrument of the forgiveness and reconciliation that he acquired for us at the price of his blood. But he entrusted the exercise of the power of absolution to the apostolic ministry which he charged with the "ministry of reconciliation." The apostle is sent out "on behalf of Christ" with "God making his appeal" through him: "Be reconciled to God."

Reconciliation with the Church: In imparting to his apostles his own power to forgive sins the Lord also gives them the authority to reconcile sinners with the Church. This ecclesial dimension of their task is expressed most notably in Christ's solemn words to Simon Peter: "I will give you the keys of the kingdom of heaven, and whatever you bind on earth shall be bound in heaven, and whatever you loose on earth shall be loosed in heaven.

The confession of sins: Confession to a priest is an essential part of the sacrament of Penance: "All mortal sins of which penitents after a diligent self-examination are conscious must be recounted by them in confession, even if they are most secret and have been committed against the last two precepts of the Decalogue; for these sins sometimes wound the soul more grievously

Continued page 3

WEEKEND MASS TIMES

St Mary's Church Toukley

Saturday: Vigil 6:00pm Baby
Sunday: 7:30am Fr Baby
9:00am Fr Baby
6:00pm Fr Tomy
Children's Liturgy 1st & 3rd Sunday at 9:00am
Mass (except school holidays)

St Brendan's Church Lake Munmorah

Saturday: Vigil 5:00pm Fr Tomy
Sunday: 8:00am Fr Tomy

WEEKDAY MASS TIMES

St Mary's Church Toukley

Monday 9:00 am
Tuesday 9:00 am
Wednesday 9:00 am
Thursday 9:00 am (Ordinariate of Our Lady of
the Southern Cross)
Friday 9:15am (Except 1st Friday of Month)

First Friday of Month Anointing of Sick
11:00am

Saturday 9:00 am

St Brendan's Church Lake Munmorah

Wednesday 9:00am

First Wednesday of Month Anointing of Sick
9:00am

Thursday 9:00am

EXPOSITION BLESSED SACRAMENT

St Mary's Church Toukley

Each Saturday – After Morning Mass

SACRAMENT OF RECONCILIATION

St Mary's Toukley

Saturday 9:30am -10:00am (by appointment at
other times)

St Brendan's Lake Munmorah

Saturday 4:30 -5:00pm

MORNING PRAYER OF THE CHURCH

St Mary's Toukley

8:20 am Monday to Thursday & Saturday
8:45 am Friday

First Friday Night Vigil

Exposition after 7pm Mass until 1.30am



Welcome to our Parish. Today we celebrate **The Nineteenth Sunday in Ordinary Time**. We welcome you to our Church & are very pleased to see you here.

Upcoming events - Save the Dates:

Sun 13th Aug: Thanksgiving Mass for Fr. Joshi
Tues 15th Aug Assumption Mass
Sat 26th Aug: Family Mass at St Brendan's from 4pm



Feast of the Assumption of the Blessed Virgin Mary

is celebrated on Tuesday this week (15th August). Mass

Mass Times:
9.00am St Mary's Church
9.00am St Brendan's Church
9.15am St Brigid's Catholic College
11.30am St Mary's Primary School Mass St Mary's Church

Thank you from Heather Baker I would like to sincerely thank Fr Tomy & Fr Baby and all Parishioners for their congratulations and their good wishes for my birthday. Please take this as my personal thank you.

Dear Parishioners and friends,
We shall be publishing articles on sacraments in the upcoming weeks of the Parish Bulletin. Today we reflect on **Penance and Reconciliation** which we all received long ago. It would be a great reminder for all of us to refresh our thoughts and ideas about sacraments we celebrate in the church and a great opportunity to know them better.



Confirmation Sacramental Program

Baptised children in Yr 3 (or above) are able to enroll in this program. Enrolments are open until 21st August. Parent Information Sessions will be held on 23/24th August. Preparation classes commence 28th August. The Confirmation ceremony will be on Sat 14th October. There will be one ceremony at St Mary's Church at 11am.



Birthdays: Today we celebrate the birthdays of Fr. Joshi & Sr. Jennifer. We shall have the morning tea after 9.00am Mass at St Mary's.



Sr. Josie's Mum, Elena Mabini

It is with sadness we pass on the news that Sr. Josie's Mum, Elena passed away peacefully in her sleep earlier this week. Her funeral will be on Thursday 17th August in The Philippines. Please keep Sr. Josie and her family in your prayers.



**CONFUSED? JOIN A
DIALOGUE ABOUT 'THE
VOICE'**
Let's take the heat out of
the discussion.
Come 10:30 - 12:30 Parish
Centre.
Thursday's 17th & 24th August
Margaret Hagan

**THE GARAGE SERVICE CENTRE**
at  **BP Lake Munmorah**
4358 1302
ALL MECHANICAL & ELECTRICAL REPAIRS incl...
Pink Slips • Wheel Balance & Alignment • Logbook Service • Brakes etc.
335 Pacific Hwy Lake Munmorah 2259 ABN 38 1358 79515 MVRL 56148

**CHARMHAVEN
CARPETS**
ABN 43 900 345 590
DOUG CASHIN
Unit 4, 11-13 Arizona Road, Charmhaven 2263
Ph: (02) 4393 2443
Email: charmhaven@internode.on.net

Cont. from Page 1:

and are more dangerous than those which are committed openly."

THE MINISTER OF THE SACRAMENT: Indeed, bishops and priests, by virtue of the sacrament of Holy Orders, have the power to forgive all sins "in the name of the Father, and of the Son, and of the Holy Spirit." The priest represents Jesus and is the sign and the instrument of God's merciful love for the sinner. The confessor is not the master of God's forgiveness, but its servant.

Greatness of this Sacrament is and the respect due to persons, the Church declares that every priest who hears confessions is to keep absolute secrecy regarding the sins that his penitents have confessed to him. This secret, which admits of no exceptions, is called the "sacramental seal," because what the penitent has made known to the priest remains "sealed" by the sacrament.

How Often we need to Confess: Catholics are required to receive the Sacrament at least once per year. However, if you are aware of having committed any mortal (serious) sin, you should receive the Sacrament. All are encouraged to take advantage of the Sacrament on a regular and frequent basis.

THE EFFECTS OF THE SACRAMENT: reconciliation with God by which the penitent recovers grace: reconciliation with the Church; remission of the eternal punishment incurred by mortal sins; peace and serenity of conscience, and spiritual consolation; an increase of spiritual strength for the Christian battle.

The sacrament of Penance is a whole consisting in three actions of the penitent and the priest's absolution. The penitent's acts are repentance, confession or disclosure of sins to the priest, and the intention to make reparation and do works of reparation. The confessor proposes the performance of certain acts of "satisfaction" or "penance" to be performed by the penitent in order to repair the harm caused by sin and to re-establish habits befitting a disciple of Christ. (From CCC).

Fr. Tomy



National Child Protection Week: 3 – 9 September 2023 National Child Protection Week will continue to champion the overarching message that 'Every child in every community needs a fair go.' This year, the message is complimented by a focus on "Where we start matters."

There are so many ways you can show your support. Take the pledge list your organisation as a support of National Child Protection Week Order posters Enter the Children's Art Activity visit the site to get ideas about talking points to get you started There is so much you can do in newsletters and social media to raise awareness download social media tiles, logos, print your own stickers

In your charity, please pray for those who have died and those who are sick



Recently Deceased - Elena Mabini, Anna Calzolari, Paul Reid, Australian Airmen Lieutenant Maxwell Nugent, Warrant Officer Class 2 Joseph Laycock, Corporal Alex Naggs & Captain Dan Lyon, Norma Gallear, Rita Theresa Rajanayagam, Morma Faehrmann, Kerry Pintado, Marian Gorman, Noel McCool

Anniversaries - Bryan Knox, Alice Vaguez, Norberto Realo, Brian Galloway, Darb Glennen, Charlie McClusky, Richard Hamer, Stephens Cappa, Paul O'Neile, Elizabeth, Sue Coles, Patricia Phillips, John & Sammy Zepafa, Frederick Jurd, Ignatius Lavin

Remembrances - Paul Reid, Ruby McCarthy, Bert Ghent, Thelma Black, Kevin Minehan, Irene Guggenheimer, Norman Guggenheimer, Eva McInnes, Tom McCarthy, Frank Curran, Kevin John Minehan, all members of the Goonan, McCarthy, Reid & Brennan families, Daniel Goonan, Wendy Woodhouse, Mary Cefai, Family & friends of Pat Curry, Sr. Consuelo Barcelo, Sr. Patrocino, Nicholas McGloin, James William Baker, Brown & Miller families, Stanley Nolan & Nolan families, Sr. Monica Nadurata OSA, Sr. Aulina de Rueda OSA, Valmai Joseph & Stark Family, Kenneth George Durley, Carol Brown, Ronald Pingo Roach

Please Pray for the Sick - Riti Cini, Baby Mia Lilli, Maria Butseties, Shirley Campbell, Liz Kelman, Josh. R, Robyn Brand, Susan Simmons, Baby Dottie, Denis Tansey, John van der Kroft, Dawn, Jenna Stoffel, Montaro family, Celly Wakeman, Sheila Rose, Michele Maroon, Oskar Calvi, Gregory Clark, Hector, Robyn Broad, Dylan & partner, Charlie & Nina Micahlef, Joe, Graham Moir, Diane Booth, Miklos Beothy, Salomie, Robbie Depares, Shirley Campbell, Daniel Schultz, Eva Cusick, Maureen Price, Liz Kelman, Rhondda Rey, Kerrie Lennard, Florian Stoffel, Ken Hancock, Heatherbell Baker, Alicia Haynes, Robyn Broad, Marcos, Bill & families, Cecelia McClusky, Vaughn Haynes, Sabu Kuruvellil, Sr Tincy

July/August Birthdays

John Frame (1st Aug)
Pat Bulgin (5th Aug)
Sr Jennifer Canillas (6th Aug)
Fr Joshi Nadupurra (6th Aug)
Jake Elias (6th Aug)
Ellen Sheerin (7th Aug)
Tony Morath (8 Aug)
Toutai Ketoni (9th Aug)
Heather Baker (10th Aug)
Ray Mahony (12th Aug)
Lorrie O'Brien (13th Aug)
Lance Scrivener (17th Aug)
Peter Turner (20th Aug)
Miriam Spiteri (23rd Aug)
Geoffrey Swan (29th Aug)
Angeline Collard ((31st Aug)



Pope Francis' Prayer Intention for August For World Youth Day

- We pray the World Youth Day in Lisbon will help young people to live and witness the Gospel in their own lives



Mackay Family Funerals

In Association with Mackay Family Crematorium
A.B.N. 79 085 423 589

Head Office: 249 Pacific Highway West, Ourimbah 2258

PO Box 89 Ourimbah NSW 2258.

Phone: (02) 4362 2733 Fax: (02) 4362 2899



Volunteer Angels

Male & Female

Do you have a caring heart & time to become a friend to a lonely person in an Aged Care Facility
Please call Anne-Marie 4396

1555

First Reading 1 Kings 19:9, 11-13

A reading from the first book of the Kings

Go out and stand on the mountain before the Lord God.

When Elijah reached Horeb, the mountain of God, he went into the cave and spent the night in it. Then he was told, 'Go out and stand on the mountain before the Lord.' Then the Lord himself went by. There came a mighty wind, so strong it tore the mountains and shattered the rocks before the Lord. But the Lord was not in the wind. After the wind came an earthquake. But the Lord was not in the earthquake. After the earthquake came a fire. But the Lord was not in the fire. And after the fire there came the sound of a gentle breeze. And when Elijah heard this, he covered his face with his cloak and went out and stood at the entrance of the cave.

The word of the Lord.

Thanks be to God.

Responsorial Psalm Ps 84:9-14

R. Lord, show us your mercy and love, and grant us your salvation.

I will hear what the Lord God has to say,
a voice that speaks of peace.

His help is near for those who fear him
and his glory will dwell in our land. **R.**

Mercy and faithfulness have met;
justice and peace have embraced.
Faithfulness shall spring from the earth
and justice look down from heaven. **R.**

The Lord will make us prosper
and our earth shall yield its fruit.
Justice shall march before him
and peace shall follow his steps. **R.**

Second Reading Romans 9:1-5

A reading from the letter of St Paul to the Romans

I would willingly be condemned if it could help my people.

What I want to say is no pretence; I say it in union with Christ - it is the truth - my conscience in union with the Holy Spirit assures me of it too. What I want to say is this: my sorrow is so great, my mental anguish so endless, I would willingly be condemned and be cut off from Christ if it could help my brothers of Israel, my own flesh and blood. They were adopted as sons, they were given the glory and the covenants; the Law and the ritual were drawn up for them, and the promises were made to them. They are descended from the patri-

archs and from their flesh and blood came Christ who is above all, God for ever blessed! Amen.

The word of the Lord.

Thanks be to God.

Gospel Acclamation Ps 129:5

Alleluia, alleluia!

I hope in the Lord,

I trust in his word.

Alleluia!

Gospel Matthew 14:22-33

Command me to come to you over the water.

Jesus made the disciples get into the boat and go on ahead to the other side while he would send the crowds away. After sending the crowds away he went up into the hills by himself to pray. When evening came, he was there alone, while the boat, by now far out on the lake, was battling with a heavy sea, for there was a head-wind. In the fourth watch of the night he went towards them, walking on the lake, and when the disciples saw him walking on the lake they were terrified. 'It is a ghost' they said, and cried out in fear. But at once Jesus called out to them, saying 'Courage! It is I! Do not be afraid.' It was Peter who answered. 'Lord', he said 'if it is you, tell me to come to you across the water.' 'Come' said Jesus. Then Peter got out of the boat and started walking towards Jesus across the water, but as soon as he felt the force of the wind, he took fright and began to sink. 'Lord! Save me!' he cried. Jesus put out his hand at once and held him. 'Man of little faith,' he said 'why did you doubt?' And as they got into the boat the wind dropped. The men in the boat bowed down before him and said, 'Truly, you are the Son of God.'

The Gospel of the Lord.

Praise to you, Lord Jesus Christ



Next Sunday Twentieth Sunday Ordinary Time

First Reading - Isaiah 56:1, 6-7

Second Reading - Romans 11:13-15, 29-32

Gospel - Matthew 15:21-28